

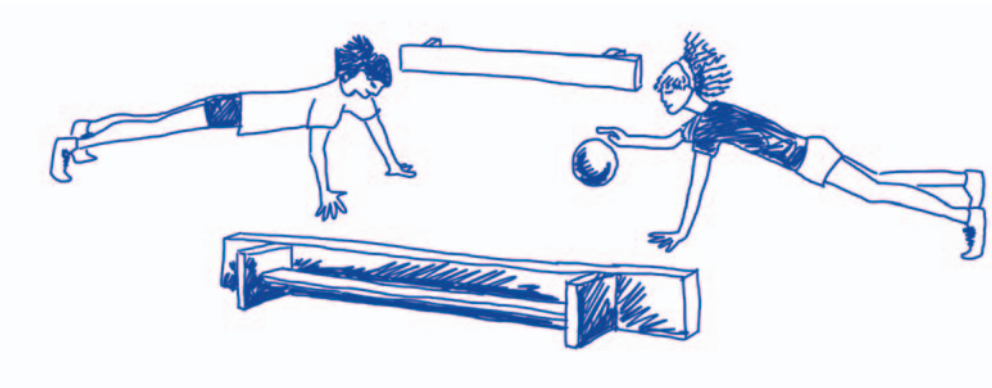
Secondary Schools

Learn to Compete, Compete to Learn

creating healthy competition

“If you set a goal for yourself and are able to achieve it you have won your race, your goal may be to come in first, to improve your performance or just to finish the race – its up to you.”

Dave Scott (US Triathlete, 6 time Iron man winner)



“

I never thought of losing, but now that it's happened, the only thing is to do it right.....We all have to take defeats in life.”

Muhammad Ali



Course Overview

Done well, early competitive experiences can inspire, motivate and enthuse children and can be the force that drives them along their personal sporting journey. Done badly, early competitive experiences can end the sporting journey before it has even begun. This practical course equips teachers to explore the building blocks of competition and support the development of key emotional and Life skills through a personalised. It provides fun and practical activities and strategies to prepare children positively for life-long participation and competition.

For further details including full course outcomes go to www.createdevelopment.co.uk

Supporting Resources

Delegates on the course receive a resource file containing a range of competition cards based on games to teach winning and losing, 'FUNS for everyone' and 'Raising the Bar' based competitive activities and creative games formats.

We are running this course in your area. To find out more and book your place go to www.createdevelopment.co.uk

Course price - £145 plus VAT per delegate (to include resources)

Whole school inset price -

£550 plus VAT (includes 2 full sets of resources for your school)



Supported by
Brand new
Competition
Resource